

This Data Story shares information gathered from the Community Conversations conducted by FAVOR, Inc. During these conversations youth and families provided suggestions to reduce barriers to their participation at CT's Children's Behavioral Health Network of Care (NoC) decision-making tables.

What was learned from the Community Conversations conducted by FAVOR, Inc. between 2016 and 2019?



Here's what youth and families suggested to improve their involvement at the Children's Behavioral Health NoC decision-making tables...



Fair compensation for participation



Flexible meeting times and accessible locations



Ongoing trainings development and skill building

What is a decision-making table?
In CT's behavioral health system, decision-making tables are meetings where decisions are made about how resources will be allocated and how problems in the behavioral health system will be solved.

To make the Network of Care (NOC) strong, families and youth are needed at decision-making tables such as:

- Community Collaboratives
- NOC Regional meetings
- NOC Statewide meetings
- Among others!



Youth and families also offered the following suggestions to support their participation at decision-making tables...



Providers who respect what youth, family members have to say.



Providers who include family input, including personal experience, as they seek to improve services.



Providers who translate materials into languages spoken by families.

FAVOR, Inc.'s Learning and Leadership Academy offers training to youth and families including...

Based on feedback from youth and families!

Leadership Training

Network of Care Opportunities for youth and family members to further build their:

- Knowledge of child-serving behavioral health system
- Skills in how to successfully raise youth and family member ideas at decision-making tables
- **Agents of Change (adults)**
- **CONNECTing Youth (youth)**

Data Skills Training

Provides an overview of data concepts and teaches youth and family members skills in:

- How to read data and how to use data in decision-making and advocacy
- **Data 101 (Part 1&2)**
- **Data 201 (Part 1&2)**

Additional trainings...

- **Persuasive Storytelling**
- **How to be Your Child's Best Advocate**
- **Building Child & Family Teams Using Natural and Informal Supports**
- ...and more!

If you are interested in attending (or your agency is interested in hosting) one of these trainings, please contact: **Jacquese Patterson at FAVOR**
e: jpatterson@favor-ct.org p: 203-707-0740

The goal of CONNECTing to Care is a partnership that focuses on coordinating quality access to care through a youth-guided and family-driven approach. To improve mental health for children in CT, Connecting to Care seeks to change the way that the system operates so that all children have the opportunity to thrive.

www.Plan4Children.org

www.ConnectingtoCareCT.org

www.HealthyLivesCT.com